



JOHN HUNT PUBLISHING

CATALOGUE

July - December 2020

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*Format is H8.5xW5.5 inches/H216xW140mm unless otherwise stated.

*Publication is always on the last Friday of the month except December when it may vary.

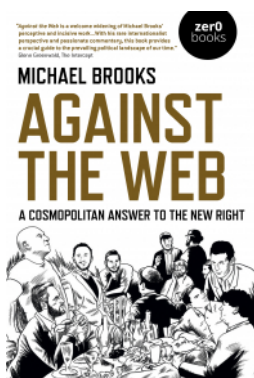


After The Apocalypse

Monika Kostera

Our times of crumbling structures and decaying social bonds are often depicted as apocalyptic. . Yes, the apocalypse is when social structures and institutions fall apart and we are terrified and suffocated by the debris raining down upon us. But "apocalypse" also means "revelation". The very collapse reveals what dissipating institutions were constructed upon: where there ought to have been foundational common values, most often there is violence and raw power. Yet the values are there, too, and they can be found. This book is a guide to these values, showing how they can be of help to organizers and organizational dreamers.

Zero Books; 2020-09-25; Workplace Culture/Cultural & Social/Ethics & Moral Philosophy; Pb-9781789044805, \$23.95/£14.99, 248pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044812, \$19.99/£11.99.



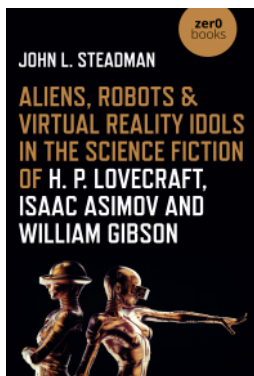
Against the Web

Michael Brooks

Michael Brooks takes on the new "Intellectual Dark Web." As the host of The Michael Brooks Show and co-host of the Majority Report, he lets his understanding of the new media environment direct his analysis of the newly risen conservative rebels who have taken YouTube by storm.

"A brilliant critique of the Right with very sharp insight on some of the shortcomings of the Left, this book is a must-read for anyone looking to understand how dishonest actors spread their propaganda." **Ana Kasparian, Host and Executive Producer of The Young Turks**

Zero Books; 2020-04-24; Social Aspects/Political/Media & Internet; Pb-9781789042306, \$11.95/£7.99, 96pp, 8.5x5.5inches / 216x140mm, Ebk-9781789042313, \$9.99/£6.99.



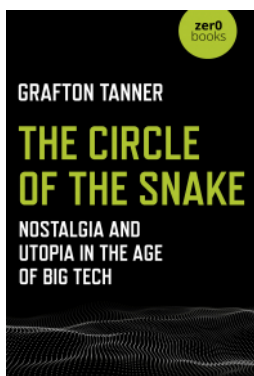
Aliens, Robots & Virtual Reality Idols in the Science Fiction of H. P. Lovecraft, Isaac Asimov and William Gibson

John L. Steadman

H. P. Lovecraft's aliens are extra-terrestrial, terrestrial & trans-dimensional entities. In contrast, Isaac Asimov's and William Gibson's aliens are human-created positronic robots and virtual reality constructs, or 'idols'. John L. Steadman demonstrates that there is ultimately little difference between alien indifferentism and alien inclusionism in the fictional works of these three great writers.

"... guarantees that you will never look at the writing of Lovecraft, Asimov or Gibson in the same way again." **Dr David Simmons, Senior Lecturer in English and Screen Studies, University of Northampton**

Zero Books; 2020-10-30; Science Fiction & Fantasy/American (General)/Robotics; Pb-9781789045109, \$25.95/£16.99, 272pp, 8.5x5.5inches / 216x140mm, Ebk-9781789045116, \$20.99/£13.99.

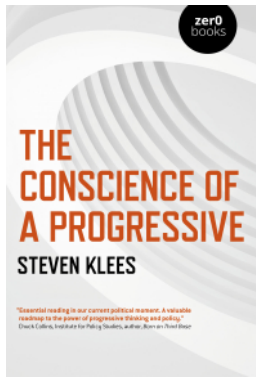


Circle of the Snake, The

Grafton Tanner

"Whether it is dissecting the utopian fantasies of Big Tech gurus, revealing the political economy of the nostalgia industry, or uncovering exploitation in the global division of digital labour, The Circle of the Snake is just the guide we need to navigate, resist, and transform the online world. In precise, accessible prose, Grafton Tanner offers a much-needed vision of democratic alternatives to surveillance capitalism." **Vincent Mosco, author of The Smart City in a Digital World**

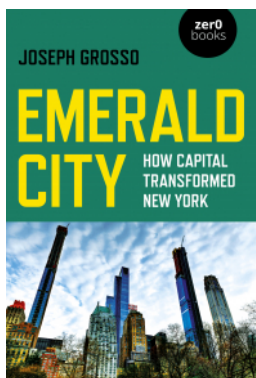
Zero Books; 2020-12-11; Social Aspects/Popular Culture/Utopias; Pb-9781789040227, \$19.95/£12.99, 176pp, 8.5x5.5inches / 216x140mm, Ebk-9781789040234, \$15.99/£10.99.



Conscience of a Progressive, The Steven Klees

Prof. Klees draws on 45 years of work around the world as an economist and international educator to paint a detailed picture of conservative, liberal, and progressive views on a wide range of current social issues. He takes an in-depth look at his specializations: education, economics, poverty and inequality, international development, and capitalism. He examines major social problems like health care, the climate crisis, and war. Throughout the book, Prof. Klees tries to give a fair and careful depiction of how conservatives and liberals see these issues, whilst focusing on critiques by progressives, and on the alternatives they offer.

Zero Books; 2020-10-30; Philosophy, Theory & Social Aspects/Comparative Politics/Economic Policy; Pb-9781789044966, \$23.95/£14.99, 216pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044973, \$19.99/£11.99.

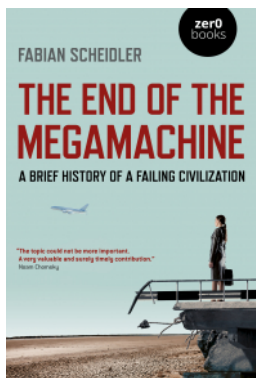


Emerald City Joseph Grosso

Joseph Grosso traces the history of New York's transformation back into a gilded city, and asks what can be done about it. He examines New York's deindustrialization and the elite planning and design that followed; New York's financial crisis of the mid-1970s and the policy decisions made in its wake; New York's housing crisis; and the history of public housing across the United States.

Fresh, lively, and accessible, Grosso brings the issues of gentrification, deindustrialization, homelessness, and militarized policing, so easily ignored, to the fore.

Zero Books; 2020-11-27; Urban/Social/City Planning & Urban Development; Pb-9781789045369, \$19.95/£12.99, 184pp, 8.5x5.5inches / 216x140mm, Ebk-9781789045376, \$15.99/£10.99.



End of the Megamachine, The Fabian Scheidler

Provides a uniquely comprehensive picture of the roots of the destructive forces that are threatening the future of humankind. Spanning 5000 years of history, the book shows how the three tyrannies of militarized states, capital accumulation and ideological power have been steering both ecosystems and societies to the brink of collapse. With the growing instability of the Megamachine in the 21st century, new dangers open up as well as new possibilities for systemic change, to which everyone can contribute.

"The topic could not be more important. A very valuable and surely timely contribution." **Noam Chomsky**

Zero Books; 2020-09-25; ; Pb-9781789042719, \$29.95/£19.99, 440pp, 8.5x5.5inches / 216x140mm, Ebk-9781789042726, \$23.99/£15.99.



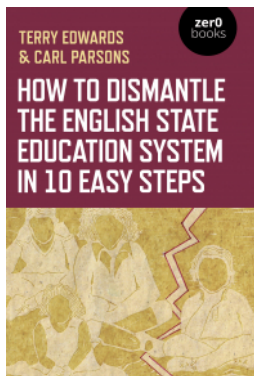
Going Nowhere, Slow Mikkel Krause Frantzen

Using examples from art and literature, Frantzen explores the social, political and economic implications of both real and imagined depression.

Margaret Thatcher once declared that there is no alternative to the social order that we now reside within. Have we accepted her slogan as a fact, and is that why so many are on Prozac and other anti-depressants?

"In this sharp and poetic book, Mikkel Krause Frantzen brilliantly illustrates the horror of depression. But he doesn't leave us there, in despair, but opens up new hopeful ways of thinking about the spirit of our time." **Carl Cederström, author**

Zero Books; 2019-11-29; Art & Politics/Comparative Literature/Depression; Pb-9781789042146, \$23.95/£14.99, 240pp, 8.5x5.5inches / 216x140mm, Ebk-9781789042153, \$18.99/£11.99.

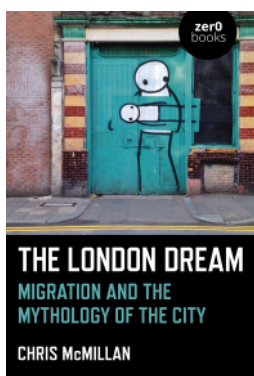


How to Dismantle the English State Education System in 10 Easy Steps

Terry Edwards & Carl Parsons

"A sharp and incisive account of how state education has been dismantled into a system of competing Multi-Academy Trusts. We were told 'choice' would deliver higher standards. It didn't. It made the system more chaotic, wasteful and segregated. This book explains how it was done." **Alasdair Smith, National Secretary, Anti Academies Alliance**

Zero Books; 2020-11-27; Elementary & Secondary/Educational Policy & Reform (General)/Education; Pb-9781789044300, \$19.95/£12.99, 168pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044317, \$15.99/£10.99.



London Dream, The

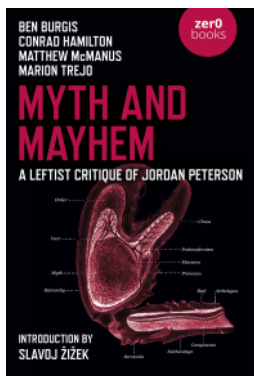
Chris McMillan

The London Dream is about the mythology of London as a place of opportunity, excitement and the possibility of prosperity. But, who really profits from the London Dream?

From actors to cleaners, academics to café workers, *The London Dream* explores the stories of Londoners chasing the dreams offered by the city and the economy within which their precarious hopes become profits.

"...an exciting and timely project, both scholarly and accessible, which asks uncomfortable, necessary questions about the ruthlessness of late-capitalism and our complicity within it." **Laurence Scott, author The Four Dimensional Human and Picnic Comma Lightning**

Zero Books; 2020-08-28; Urban/Social/Cultural & Social; Pb-9781789044201, \$29.95/£19.99, 360pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044218, \$23.99/£15.99.



Myth and Mayhem

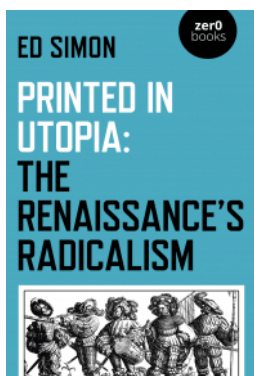
Ben Burgis & Conrad Bongard Hamilton & Matthew McManus & Marion Trejo

Jordan Peterson rocketed to fame in the 2010s and has preached on everything from the evils of postmodern neo-Marxism to the mating habits of lobsters ever since then. The Left has since leveled many criticisms about the Canadian psychologist, characterizing him as everything from an apologist for the alt-right to simply not being interesting or profound.

Written by four authors who each look at a different element of his thought, *Myth and Mayhem* shows why taking Peterson seriously doesn't mean embracing him.

Includes an introduction by Slavoj Žižek.

Zero Books; 2020-04-24; Commentary & Opinion/Criticism/Conservatism & Liberalism; Pb-9781789045536, \$21.95/£14.99, 256pp, 8.5x5.5inches / 216x140mm, Ebk-9781789045543, \$17.99/£11.99.



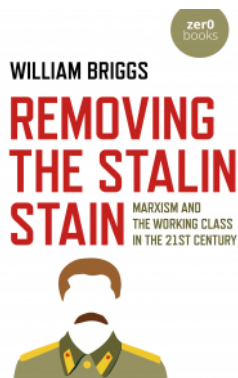
Printed in Utopia

Ed Simon

Printed in Utopia examines the bloody era of the Renaissance in all of its contradictions and moments of utopian possibility. In sailing to Utopia, we must first chart our ships through the Renaissance to discover our radical intellectual origins.

"From rambunctious Restoration poetry to sceptical Shakespearean metaphysics, *Printed in Utopia* presents a unity of historical essays at once ludic and lucid. Ed Simon writes about faith with a vivacious originality, celebrating the radically eternal essence of the Renaissance." **Russell Bennetts, Editor and Founder of Berfrois**

Zero Books; 2020-07-31; Cultural & Social/Renaissance/History & Theory; Pb-9781789043839, \$29.95/£17.99, 304pp, 8.5x5.5inches / 216x140mm, Ebk-9781789043846, \$23.99/£14.99.



Removing the Stalin Stain

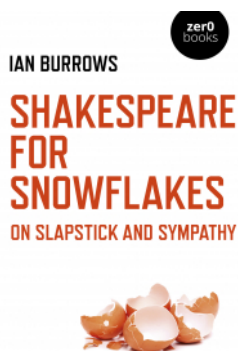
William Briggs

Can Marxism emerge from the long shadow cast by Stalinism, and challenge capitalism?

William Briggs gives a rousing defence of Marxism, calling for a return of the working class to the centre of potential struggle. Briggs seeks to heal the damage done to Marxism, in the name of Marxism, over generations past.

"...presents a clearly argued and outward-facing Marxist analysis of contemporary politics." **Terrell Carver, Professor of Political Theory, University of Bristol, UK**

Zero Books; 2020-10-30; Communism, Post-Communism & Socialism/Social Classes/Economic History; Pb-9781789045215, \$19.95/£12.99, 200pp, 8.5x5.5inches / 216x140mm, Ebk-9781789045222, \$15.99/£10.99.



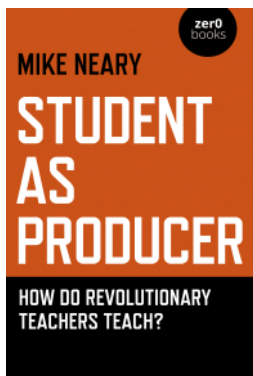
Shakespeare for Snowflakes

Ian Burrows

Drawing on plays by Shakespeare, Sarah Kane, Sophocles, Samuel Beckett, and others, this book examines the ways in which these dramatists manipulated the actor's body to demand laughter and/or sympathy. Ian Burrows shows how these strategies can be thought about beyond the stage-space: in the classroom, in the media, and in relation to the social construction of 'snowflake culture' as a 21st century phenomenon.

"...Burrows turns controversy in on itself, offering mature, important reflection on what it means to find empathy in the ridiculous or to mock the trauma of others." **Peter Kirwan, University of Nottingham**

Zero Books; 2020-09-25; Aesthetics/Popular Culture/Drama; Pb-9781789041613, \$19.95/£12.99, 160pp, 8.5x5.5inches / 216x140mm, Ebk-9781789041620, \$15.99/£10.99.



Student as Producer

Mike Neary

Student as Producer brings critical theory to life in a contribution to the dynamic, emerging genre of critical higher education studies. It is for students and teachers who want to change the world through critical pedagogy and popular education.

Mike Neary's account finds itself set in a particular moment of time: between the student protests and urban riots that erupted in England in 2010-2011 and the 2017 General Election, during which students and young people played a significant role by protesting the politics of austerity and by supporting the politics of Corbynism.

Zero Books; 2020-07-31; Philosophy, Theory & Social Aspects/Critical Theory/Communism, Post-Communism & Socialism; Pb-9781789042382, \$27.95/£16.99, 304pp, 8.5x5.5inches / 216x140mm, Ebk-9781789042399, \$22.99/£13.99.



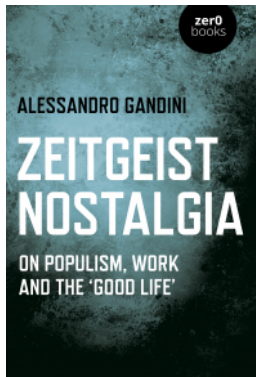
Who Makes the Fash

Luca Carboni

Originating from the desire of conceptualising an antifascist artistic practice, this book investigates fascism in Italy and its relationships with futurism and neoliberalism.

"... Who Makes the Fash is a brilliantly executed genealogy of the Italian far-right from the perspective of cultural struggle, but it goes further, making a case for the importance of partisan activity for artists and cultural workers, lest the tired avowals of liberal subjectivity lead us directly to the gardens of 'CasaWeiwei'." **Marina Vishmidt, Goldsmith University**

Zero Books; 2020-09-25; Fascism & Totalitarianism/Art & Politics/Economic History; Pb-9781789043198, \$14.95/£9.99, 128pp, 8.5x5.5inches / 216x140mm, Ebk-9781789043204, \$11.99/£7.99.



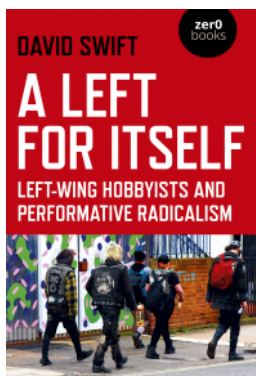
Zeitgeist Nostalgia

Alessandro Gandini

"From Trump's backward-looking promise to "make America great again" to the hipster's fondness for a pre-industrial age of craft, nostalgia saturates our world. Gandini's book is a remarkable and insightful guide to this phenomenon, laying out the deep roots of its origins and setting out the contours of its limits." **Nick Srnicek, co-author of Inventing the Future: Postcapitalism and a World Without Work**

"... A key text for understanding contemporary modernity." **Giana M. Eckhardt, Professor of Marketing, Royal Holloway University of London**

Zero Books; 2020-11-27; Political/Economics (General)/Utopias; Pb-9781789044478, \$16.95/£10.99, 136pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044485, \$13.99/£8.99.



Left for Itself, A

David Swift

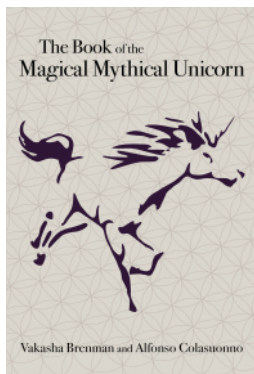
In the first full length analysis of the rise of left-wing hobbyists, performative radicals and the 'Identity Left', David Swift's *A Left for Itself* interrogates the connection between socio-economic realities and politico-cultural views.

"Swift's explanation is that too much of the left is fundamentally unserious. It has no real dog in the great social fights. Unlike previous lefts, it is educated, wealthier and holds elite values, which distances it from the lives of ordinary people. Politics for the modern left is a hobby." **David Aaronovitch, The Times**

Zero Books; 2019-10-25; Communism, Post-Communism & Socialism/Comparative Politics/Social Policy; Pb-9781789040739, \$24.95/£14.99, 264pp, 8.5x5.5inches / 216x140mm, Ebk-9781789040746, \$19.99/£11.99.



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Book of the Magical Mythical Unicorn, The

Vakasha Brenman & Alfonso Colasuonno

No other mythological creature is enjoying as rapid an ascent into the public eye and consciousness as the magical unicorn. The unicorn is now a fixture in contemporary pop culture. People young and old are captivated by the magical legends and mythology of the unicorn. This book explores how the mysterious unicorn has influenced humanity across diverse cultures, faiths, and time periods.

O-BOOKS; 2020-08-28; Folklore & Mythology/Fairy Tales, Folk Tales, Legends & Mythology/Supernatural; Ebk-9781789044577, \$7.99/£5.99.



Cool Sex

Diana Richardson & Wendy Doeleman

Sex is hot isn't it? Do you notice how sexually suggestive erotic images greet you at every corner?

For deeply satisfying sex the real secret is to reduce the heat, to cool down, and to be relaxed and mindful. Nature designed bodies for easygoing, loving sexual play that lasts for hours. Using the ancient eastern understandings of Tantra and body magnetism, higher experiences and blissful states are available. *Cool Sex* provides explanations, practical tips and easy-to-follow exercises.

"By far the most accessible and practical book on love and sex that I've ever read..." **Darren Cockburn, author of the internationally acclaimed Being Present**

O-BOOKS; 2020-11-27; Sexuality/Mindfulness & Meditation/Dating & Sex; Pb-9781789043518, \$14.95/£8.99, 128pp, 8.5x5.5inches / 216x140mm, Ebk-9781789043525, \$7.99/£4.99.

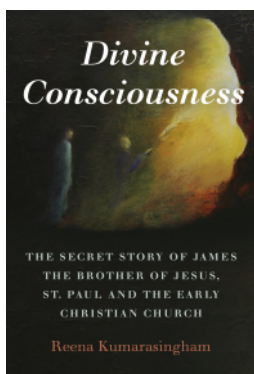


Divine CEO, The

Geoff Thompson

The Divine CEO is a no-nonsense book about the hierarchy of spiritual ascent. It comes from the pen of acclaimed writer Geoff Thompson; former bouncer, world ranking martial arts guru, and BAFTA winning screenwriter. Guy Ritchie once said that Geoff Thompson is 'a spiritual trouble maker' because he has taken his practice outside the safety of theology, and tested it in the practical crucible of the competitive world. This is a rare book for the spiritual pragmatist.

O-BOOKS; 2020-07-31; Inspiration & Personal Growth/Success/Spiritual; Pb-9781789044249, \$19.95/£14.99, 472pp, 8.5x5.5inches / 216x150mm, Ebk-9781789044256, \$9.99/£7.99.



Divine Consciousness

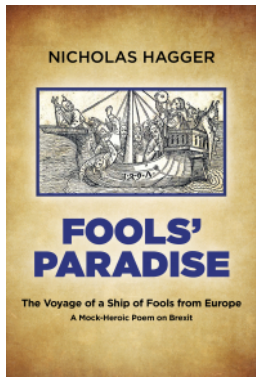
Reena Kumarasingham

Does Divine Consciousness exist only with the Son of God, or within all of us?

Two thousand years ago, a rich myriad of Christian teachings emerged after the death of Jesus. Two pillars rose above the din; two churches, two structures, two leaders: James, the Brother of Jesus, and St. Paul, the Evangelist.

These accounts offer intimate knowledge of what motivated and moved James and St. Paul, how and why they built and developed the twin pillars of Christianity, and what happened to their respective churches. It is now time to illuminate the secret stories of the Early Christian Church and the Divine Consciousness.

O-BOOKS; 2020-09-25; Afterlife & Reincarnation/Ecclesiology/Inspiration & Personal Growth; Pb-9781789044362, \$23.95/£14.99, 320pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044379, \$11.99/£7.99.

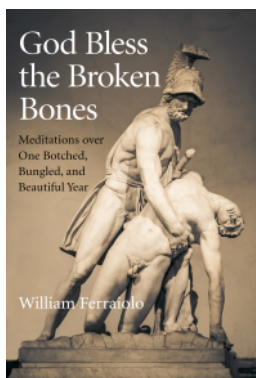


Fools' Paradise

Nicholas Hagger

In *Fools' Paradise*, a mock-heroic poem on Brexit which complements his masque *King Charles the Wise*, Nicholas Hagger presents the most important British event since the Second World War: the Brexiteers' struggle to wrest control of the UK's laws, borders, money and trade from the EU and turn the UK into a more prosperous paradise. In 16 cantos and an epilogue of heroic couplets with an epic tone he narrates the 2018 Chequers compromise and its aftermath.

O-BOOKS; 2020-11-27; Epic/Cultural & Social/European; Pb-9781789042757, \$16.95/£10.99, 184pp, 9x6inches / 230x150mm, Ebk-9781789042764, \$8.99/£5.99.



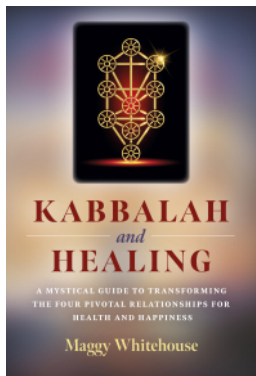
God Bless the Broken Bones

William Ferraiolo

You can learn a lot about yourself if you pay careful attention for one full year. Here are 365 daily meditations that, through their brutal confessionalism, will unearth the stoic in you.

"... *At times this book might offend you. It will certainly challenge you. And if you're willing, it might change you. I recommend you see for yourself.*" **Seth J. Gillihan, PhD, author of Retrain Your Brain: Cognitive Behavioral Therapy in 7 Weeks**

O-BOOKS; 2020-09-25; Cognitive Psychology & Cognition/Inspiration & Personal Growth/Ethics & Moral Philosophy; Pb-9781789044843, \$25.95/£15.99, 392pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044850, \$12.99/£7.99.



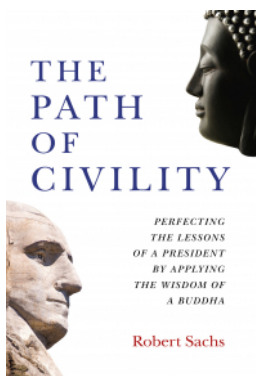
Kabbalah and Healing

Maggy Whitehouse

Ancient wisdom for the modern world, demonstrating that 'incurable' merely means 'curable from within'.

What Maggy Whitehouse has discovered, over more than a quarter of a century of studying, teaching and writing books on Kabbalah, is that, used as a tool for inspiration, Kabbalah is a magical loom on which we can weave our healing, and from that healing, we become an agent of healing for the World. Kabbalah tells us exactly where, when, how and why we may be out of alignment with health, finances and relationships and, just as importantly, how to realign ourselves.

O-BOOKS; 2020-07-31; Happiness/Kabbalah & Mysticism/Ancient Mysteries & Controversial Knowledge; Pb-9781789040692, \$18.95/£11.99, 232pp, 8.5x5.5inches / 216x140mm, Ebk-9781789040708, \$9.99/£5.99.



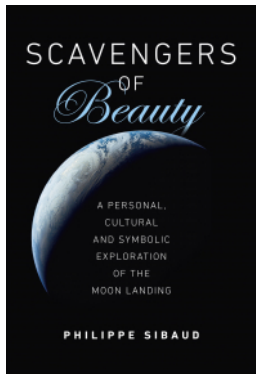
Path of Civility, The

Robert Sachs

What does President George Washington have in common with the Buddha, Sakyamuni? Author and teacher, Robert Sachs, brings together the lessons and teachings of these two great men; one an exemplary political figure, the other, the founder of one of the world's great wisdom traditions. The result is a guidebook to study, carry with you, and apply to cultivate healthy, intelligent, and communication and action inspired by and rooted in civility.

"*Robert Sachs has written an extremely timely and pertinent book, because we urgently need to bring civility back into our personal interactions and political discourse.*" **Tim Freke, Author of Soul Story**

O-BOOKS; 2020-08-28; Cultural & Social/Ancient Mysteries & Controversial Knowledge/Buddhist; Pb-9781789044386, \$14.95/£8.99, 128pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044393, \$7.99/£4.99.



Scavengers of Beauty

Philippe Sibaud

In this unconventional work, Philippe Sibaud explores the symbolism behind the 1969 landing on the Moon. More than fifty years after this seminal event, and whilst the Moon is attracting renewed interest, the author offers a bold new interpretation of the iconic Apollo mission.

Was the Apollo landing the ultimate triumph of solar consciousness over the ancient lunar ways, a concrete enactment of the god Apollo mythically slaying the mother dragon at Delphi, or can the whole venture be seen as the sacred union of Sun and Moon, birthing a new vision at a time of great need?

O-BOOKS; 2020-08-28; Gaia & Earth Energies/Space Science/Goddess Worship; Pb-9781789044744, \$23.95/£14.99, 336pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044751, \$11.99/£7.99.



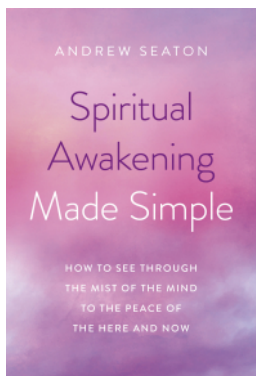
Secret of The Alchemist, The

Colm Holland

Colm Holland reveals the story of his encounter with Paulo Coelho and his bestselling book *The Alchemist*, and how discovering the secret in Paulo's novel gave him the insights to achieve true empowerment in his life.

"From history, to philosophy, to a deep analysis of what it means to love and be loved, The Secret of The Alchemist dives deep into what makes experiences remarkable. Colm Holland shares his own stories of how coincidences and omens start to show themselves.... He masterfully outlines clues to a treasure map that will ultimately show you how to start transforming your life toward true empowerment." **Ryan Foland, author of Ditch The Act**

O-BOOKS; 2020-07-31; 20th Century/Inspiration & Personal Growth/Spiritual; Pb-9781789044348, \$14.95/£9.99, 192pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044355, \$8.99/£5.99.



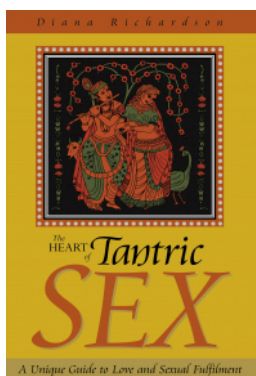
Spiritual Awakening Made Simple

Andrew Seaton

A concise, unified and practical formulation that will help you to awaken to your own true nature as peace, contentment and connectedness with all life.

The book explains how, beginning in our infancy, we experience a spiritual forgetting. The mind creates abstract interpretations of the world and who we are. These conditioned interpretations become self-fulfilling and create our life experience, our karma. Learn how to see the world as it is in reality, rather than through the distorting filters of the conditioned mind.

O-BOOKS; 2020-07-31; Mind & Body/Inspiration & Personal Growth/Spiritual; Pb-9781789044720, \$12.95/£7.99, 112pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044737, \$6.99/£3.99.



Heart of Tantric Sex

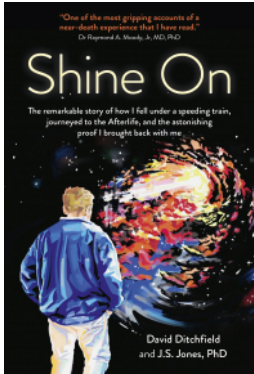
Diana Richardson

Bestselling classic by Diana Richardson, one of the world's leading authorities on human sexuality.

"After many years of exploration, Diana Richardson found that the ancient practice of Tantra, with its unique, intelligent approach to sex, had the effect of enhancing intimacy and deepening love. Here she has adapted Tantra for modern Western lovers in a practical, sympathetic way. Tantric Sex can transform your experience into a more sensual, loving and fulfilling one. One of the most revolutionary books on sexuality ever written."

Ruth Ostrow, Sex, Relationship and Spirituality journalist, News Ltd.

O-BOOKS; 2003-12-04; Spiritual/Sexual Instruction; Pb-9781903816370, \$19.95/£9.99, 256pp, 51/2x81/2inches / 51/2x81/2mm, Ebk-9781846946370, \$14.99/£7.99.



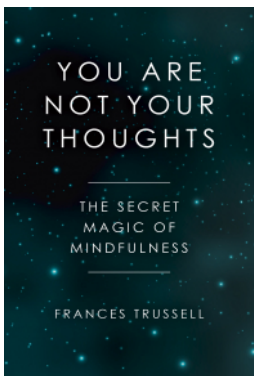
Shine On

David Ditchfield & J S Jones

The near-death (NDE) experience is one of the most astonishing phenomena in the history of man. What if, as a result of an NDE, someone who couldn't paint or write music was suddenly able to compose and perform classical symphonies and execute paintings like a highly skilled artist? After his NDE, this is exactly what happened to David Ditchfield. *Shine On* is his story.

"Shine On is one of the most gripping accounts of a near-death experience that I have read." **Dr Raymond A. Moody, psychologist and philosopher, author of Life after Life**

O-BOOKS; 2020-06-26; Near-Death Experience/Afterlife & Reincarnation/Personal Memoirs; Pb-9781789043655, \$21.95/£13.99, 280pp, 8.5x5.5inches / 216x140mm, Ebk-9781789043662, \$10.99/£6.99.

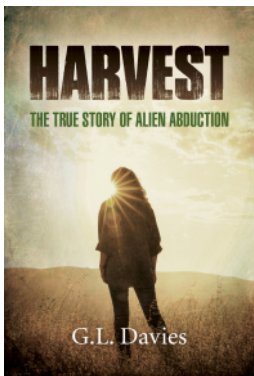


You Are Not Your Thoughts

Frances Trussell

"There are thousands of books out there to help us combat our inner self-destructive voice... some good, some not so good. If I could go back in time and read only one book on the subject, this is it. Frances Trussell has the answer, trust yourself with this book, and trust Frances, everything you need is here at your fingertips and the most amazing thing is, it was there all the time!" **Joe Pasquale, Comedian and Actor**

O-BOOKS; 2018-11-30; Mindfulness & Meditation/Motivational & Inspirational/Meditations; Pb-9781785358166, \$12.95/£7.99, 104pp, 8.5x5.5inches / 216x140mm, Ebk-9781785358173, \$5.99/£3.99.



Harvest

G.L. Davies

G.L Davies invites you to join him on his most terrifying investigation yet... In 2009 one woman from Pembrokeshire believed she was abducted by aliens. What followed was a terrifying ordeal of alien visitation, nightmarish visions, encounters with terrifying creatures, a connection to the past and a prophecy of destruction on the scale never before seen in Pembrokeshire's peaceful history. Should these events be true, then no one is safe. The Harvest has begun...

"Masterfully written and a terrifying true journey into Alien Abduction. The benchmark for all paranormal accounts from the greatest paranormal author of his time." **Mysterious Radio**

6th Books; 2020-10-30; Supernatural/UFOs & Extraterrestrials/Unexplained Phenomena; Pb-9781789043853, \$16.95/£8.99, 160pp, 8.5x5.5inches / 216x140mm, Ebk-9781789043860, \$8.99/£4.99.



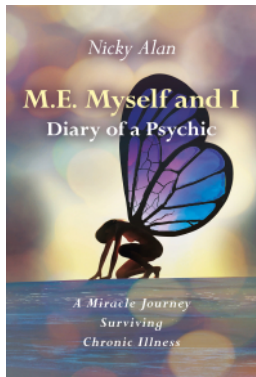
Poltergeist! A New Investigation Into Destructive Haunting

John Fraser

Is the Poltergeist 'Syndrome' the only type of paranormal phenomena that can really be proven?

"The Poltergeist is perhaps the most discussed, argued over and misunderstood phenomena that could infest one's home or workplace. This book is set to become a definitive work on the subject... Do we need another book about Poltergeists you may ask? The answer is a resounding YES, we certainly do need this book about Poltergeists!" **Steve Parsons, paranormal researcher, TV presenter and author of Ghostology, The Art of the Ghost Hunter**

6th Books; 2020-07-31; Unexplained Phenomena/Occultism/Afterlife & Reincarnation; Pb-9781789043976, \$21.95/£13.99, 296pp, 8.5x5.5inches / 216x140mm, Ebk-9781789043983, \$10.99/£6.99.



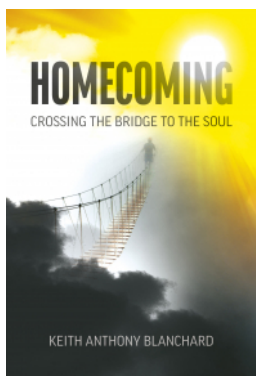
M.E. Myself and I - Diary of a Psychic

Nicky Alan

M.E. Myself and I follows the story of a woman struck down with M.E and Fibromyalgia in the prime of her life as a successful TV psychic medium. Left with nothing but two dustbin bags, demons from the past and her two dogs, she embarks on an incredible journey. Grieving her old life and begrudgingly accepting guidance from angels and spirit guides after losing her faith, she finds a reason to live from the brink of suicide by experiencing celestial miracles and a passion to write.

"A corker of a book and one I will pick up again when I am having a tough time!" **Annie Conlon, TV Producer**

6th Books; 2020-11-27; Personal Memoirs/Angels & Spirit Guides/Spiritual; Pb-9781789044515, \$21.95/£13.99, 288pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044522, \$10.99/£6.99.



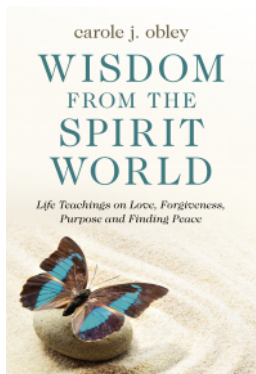
Homecoming

Keith Anthony Blanchard

If you are seeking union with your Sacred Self, this book is the Lamplight that will wipe the cobwebs of time from your mind and the darkness of fear from your vision.

"There is no greater endorsement I can express for this new work other than to say it will: change attitudes, uplift realities and improve the lives of anyone fortunate enough to read Homecoming: Crossing the Bridge To the Soul." **John DeSouza, Special FBI Agent and Author of Clear-Hearers**

6th Books; 2020-07-31; Spiritualism/Ancient Mysteries & Controversial Knowledge/Inspiration & Personal Growth; Pb-9781789044119, \$18.95/£11.99, 240pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044126, \$9.99/£5.99.



Wisdom From the Spirit World

Carole J. Obley

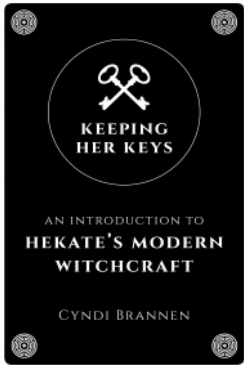
What can those in spirit teach us about the enduring bond of love, the immense power of forgiveness, discovering our life's purpose and finding peace in a frantic world?

Professional psychic medium Carole J. Obley shares teachings about these topics and others from her case files of thousands of sessions. Read the stories of a mother who is confronted with forgiving her son's death from opioid addiction, a father whose gay estranged daughter in spirit implores him to open his heart, and a deceased husband's loving reassurance of continued commitment to his grieving wife.

6th Books; 2020-08-28; Afterlife & Reincarnation/Channeling & Mediumship/Death, Grief, Bereavement; Pb-9781789043020, \$18.95/£11.99, 240pp, 8.5x5.5inches / 216x140mm, Ebk-9781789043037, \$9.99/£5.99.



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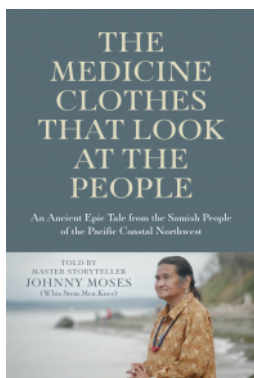
Keeping Her Keys

Cyndi Brannen

Over the past few years Hekate has gained increasing popularity around the world. While there are books written about the historical Hekate, there is a lack of information applying this knowledge for personal development and practicing witchcraft.

Cyndi Brannen's bestselling *Keeping Her Keys* blends the 'keys' of personal development, magick and the ancient goddess, Hekate, together.

Moon Books; 2019-04-26; Witchcraft/Paganism & Neo-Paganism/Inspiration & Personal Growth; Pb-9781789040753, \$21.95/£13.99, 272pp, 8.5x5.5inches / 216x140mm, Ebk-9781789040760, \$10.99/£6.99.



Medicine Clothes that Look at the People, The

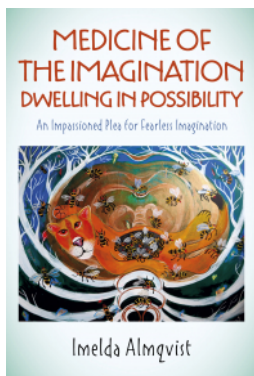
Johnny Moses

An Ancient Pacific Northwest Coastal epic from the Samish people, as told by master storyteller, spiritual teacher and healer, Johnny Moses.

"Johnny Moses is a legendary storyteller! During a time on the planet when so many people have lost their way, Johnny Moses shares the traditional stories that create a road map leading us back home to ourselves, and to the Earth. I was so touched by this story." **Sandra Ingerman, MA, author of Walking in Light and The Book of Ceremony**

The Book of Ceremony

Moon Books; 2020-07-31; Native American/Shamanism/Pacific Northwest (OR, WA); Pb-9781789043952, \$14.95/£8.99, 136pp, 8.5x5.5inches / 216x140mm, Ebk-9781789043969, \$7.99/£4.99.



Medicine of the Imagination: Dwelling in Possibility

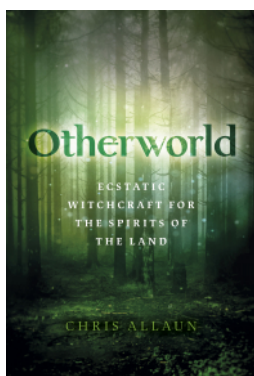
Imelda Almqvist

Without imagination there is no compassion, no moral compass and no progress.

"If there was one teacher's work on the topic of 'imagination' that I would choose to read it would be anything written by Imelda. Her passion, her wealth of knowledge, and ability as a storyteller is unparalleled. Medicine of the Imagination is such an important book for our time as we must harness our imaginations as well as fearlessly explore our shadow to bring harmony back into our lives. This 'inner activism' also brings healing and balancing to our world." **Sandra Ingerman, MA, award winning author of twelve books including Walking in Light**

including Walking in Light

Moon Books; 2020-10-30; Shamanism/Inspiration & Personal Growth/Cultural & Social; Pb-9781789044324, \$27.95/£17.99, 440pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044331, \$13.99/£8.99.



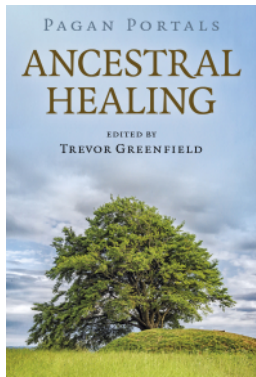
Otherworld

Chris Allaun

This book is about establishing relationships with the spirits of the land. Many books talk about the Faeries, but this book not only teaches about the Elves and Faery folk, but teaches how to have a working relationship with the spirits of plants, animals, and the land itself.

"Chris Allaun presents a wonderful book that taps directly into a subject that is very close to my heart and my own magical practices... A fascinating read." **Rachel Patterson, author of Witchcraft into the Wilds and the Kitchen Witchcraft series**

Moon Books; 2020-11-27; Witchcraft/Gaia & Earth Energies/Paganism & Neo-Paganism; Pb-9781789045345, \$18.95/£11.99, 224pp, 8.5x5.5inches / 216x140mm, Ebk-9781789045352, \$9.99/£5.99.



Pagan Portals - Ancestral Healing

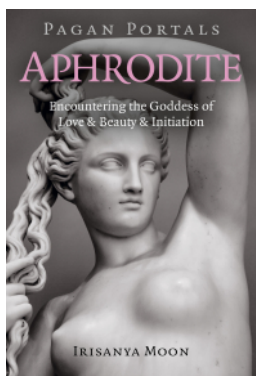
Trevor Greenfield

Modern pagans recognize the need to tear down our destructive systems and build inclusive new political and social structures.

"It is becoming increasingly recognized that when a traumatic event is experienced the effects of it, the post traumatic stress if you will, is still being carried many generations later. Therefore one of the most powerful things we can do for ourselves and for future generations, is to carry out ancestral healing in some form... in this inspiring and much-needed anthology eleven authors share their perspectives on ancestral healing..."

Yvonne Ryves, author of Shaman Pathways: Web of Life

Moon Books; 2020-07-31; Paganism & Neo-Paganism/Cultural & Social/Afterlife & Reincarnation; Pb-9781789043358, \$10.95/£6.99, 112pp, 8.5x5.5inches / 216x140mm, Ebk-9781789043365, \$5.95/£3.99.



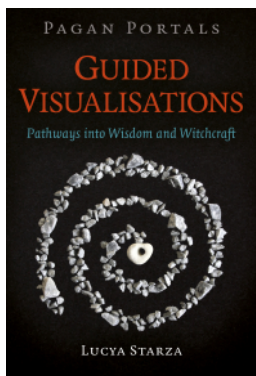
Pagan Portals - Aphrodite

Irisanya Moon

Explore the complexity of an often misunderstood goddess, Aphrodite.

"Irisanya brings her own personal interactions along with the ancient myths and stories of this fascinating goddess. Full of interesting details and suggestions on how to work with this many faceted goddess, this book is a must have for anyone wishing to embark on a journey with Aphrodite." **Rachel Patterson, author of Moon Magic, The Cailleach and the Kitchen Witchcraft series**

Moon Books; 2020-08-28; Paganism & Neo-Paganism/Goddess Worship/Witchcraft; Pb-9781789043471, \$10.95/£6.99, 104pp, 8.5x5.5inches / 216x140mm, Ebk-9781789043488, \$5.99/£3.99.



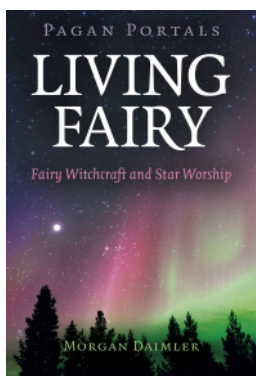
Pagan Portals - Guided Visualisations

Lucya Starza

"Lucya's book is a thorough and extremely engaging exploration of guided visualisation, full of beautifully written and carefully thought out ready-to-use visualisations which are appropriate for people of all abilities. She introduces the book by explaining the different categories of meditation and visualisation and explains each one thoroughly, but in a way even an absolute beginner could understand... This is a book I will return to again and again and will use with my own students to aid them in their own visualisation experiences."

Mabh Savage, author

Moon Books; 2020-12-11; Mindfulness & Meditation/Witchcraft/Paganism & Neo-Paganism; Pb-9781789045673, \$10.95/£6.99, 83pp, 8.5x5.5inches / 216x140mm, Ebk-9781789045680, \$5.99/£3.99.



Pagan Portals - Living Fairy

Morgan Daimler

"Brilliant! Morgan Daimler once again brings us back to the magick of the Faeries. She takes us deeper into the practice of Faery Witchcraft that connects us to the Otherworld and the power of the stars... This book is a fantastic tome that teaches how to connect with the Faery powers in a deep and meaningful way. This is a must have for anyone seeking to build their relationship with the Faeries and develop their spiritual practice."

Chris Allaun, author of Otherworld: Ecstatic Witchcraft for the Spirits of the Land

Moon Books; 2020-11-27; Paganism & Neo-Paganism/Ancient Mysteries & Controversial Knowledge/Witchcraft; Pb-9781789045390, \$10.95/£6.99, 112pp, 8.5x5.5inches / 216x140mm, Ebk-9781789045406, \$5.99/£3.99.



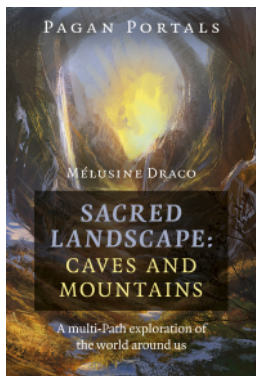
Pagan Portals - Raven Goddess

Morgan Daimler

Follows on from the author's earlier book, *The Morrigan*, to help the reader continue to get to know the Irish Goddess of war, battle, and prophecy with a particular focus on disentangling truth from common misconceptions.

"Daimler's Raven Goddess is a deep, delicious treat for all those who love the enigmatic goddess known as the Morrigan. For everyone who has enjoyed a taste of her and craves to know more, this is the text you have been waiting for. Readers will find themselves falling even more enraptured with this goddess than ever before, and will never wish to recover." **Courtney Weber, author of The Morrigan: Celtic Goddess of Magick and Might**

Moon Books; 2020-09-25; Paganism & Neo-Paganism/Celtic Spirituality/Goddess Worship; Pb-9781789044867, \$10.95/£6.99, 104pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044874, \$6.99/£3.99.



Pagan Portals - Sacred Landscape: Caves and Mountains

Melusine Draco

Sacred Landscape: Caves and Mountains is the first in a new series under the Pagan Portals banner, which explores the rituals associated with sacred landscapes, and how to recognise the types of magical energy which may be encountered in these environments.

Moon Books; 2020-08-28; Paganism & Neo-Paganism/Mountains/Gaia & Earth Energies; Pb-9781789044072, \$10.95/£6.99, 96pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044089, \$5.99/£3.99.



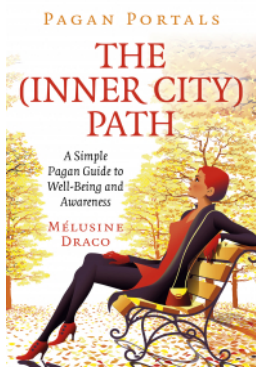
Pagan Portals - Stories for the Songs of the Year

Fiona Tinker

Stories for the Songs of the Year is a collection of new children's stories which celebrate the festivals and seasons.

"What a book! Tales old and new (and a half a tail cat) intertwined with easy introductions to the wheel of the year. Fiona Tinker's spellbinding stories took me, as an adult, back to my childhood and reminded me of how easy it was to see the magic then. As we grow older it is easy to forget to just be in the magic..." **Sharon Midwinter Bennett, Schatzi Designs**

Moon Books; 2020-10-30; Anthologies/Bedtime & Dreams/Other, Religious; Pb-9781789044706, \$10.95/£6.99, 112pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044713, \$5.99/£3.99.



Pagan Portals - The Inner-City Path

Melusine Draco

The Inner-City Path is written from a pagan perspective, for those times when we take to our local urban paths as part of our daily fitness regime or dog walk. It is based on several urban walks that have merged together over the years to make up a book of the seasons and offers a glimpse into the pagan mind-set that can find mystery under every leaf and rock along the way.

"Being someone who unfortunately spends more time on urban paths than countryside walks, I looked forward to reading this. Melusine Draco's books are always a good read and reveal more wisdom each time you read them." **Heather Williams, Coven of the Scales**

Moon Books; 2020-09-25; Paganism & Neo-Paganism/Green Lifestyle/Mindfulness & Meditation; Pb-9781789044645, \$10.95/£6.99, 88pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044652, \$6.99/£3.99.



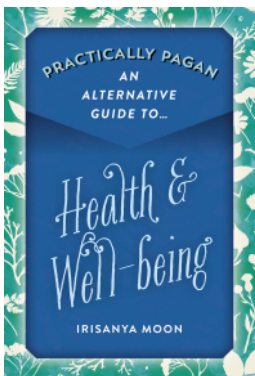
Pagan Portals - The Morrigan

Morgan Daimler

Ancient and enigmatic, the Morrigan reaches out to us. Learn who she is and how to answer her call.

"For those who seek the Morrigan and related goddesses, Morgan Daimler's short book packs a lot of information into a small space. Balancing historical information with modern insights and practices, it is an excellent text for new seekers and devotees..." Erynn Rowan Laurie, author of A Circle of Stones

Moon Books; 2014-12-12; Paganism & Neo-Paganism/Goddess Worship; Pb-9781782798330, \$10.95/£6.99, 92pp, 8.5x5.5inches / 216x140mm, Ebk-9781782798347, \$5.99/£3.99.



Practically Pagan - An Alternative Guide to Health & Well-being

Irisanya Moon

Your health and well-being is valuable, and the actions you take to care for your beautiful self are a gift and a sacred prayer of intention.

An Alternative Guide to Health and Well-being is the second volume in an exciting new lifestyle series from Moon Books, which offers body, mind and planet-friendly alternatives for everyday tasks.

Moon Books; 2020-11-27; Paganism & Neo-Paganism/Spiritual/Alternative Therapies; Pb-9781789043778, \$14.95/£9.99, 160pp, 8.5x5.5inches / 216x140mm, Ebk-9781789043785, \$7.99/£4.99.



True Magic

Cyndi Brannen

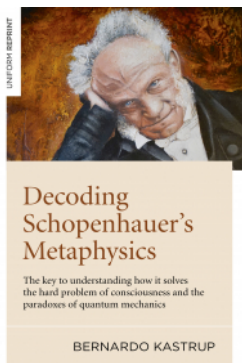
True Magic: Unleashing Your Inner Witch goes beyond everything you've ever tried before. Combining traditional magic and modern strategies, you will transform your life through spells, practices, rituals, and journeys, unlocking the power of your true self. *True Magic* takes the best parts of witchcraft, shamanism, occult and mystical paths from the ancient to the contemporary.

You will learn how to use plant magick, animal spirits, words of power, alchemy, ancient philosophy, the chakras and more. Cyndi Brannen gives you the tools to achieve abundance and wholeness using the energies of the moon, the elements and the three worlds.

Moon Books; 2019-10-25; Happiness/Paganism & Neo-Paganism/Witchcraft; Pb-9781789042436, \$18.95/£11.99, 232pp, 8.5x5.5inches / 216x140mm, Ebk-9781789042443, \$9.99/£5.99.



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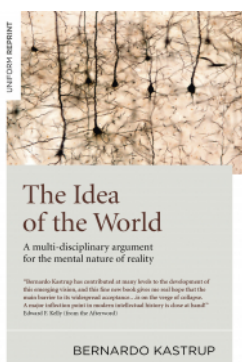
Decoding Schopenhauer's Metaphysics

Bernardo Kastrup

First proposed more than 200 years ago, Schopenhauer's extraordinarily prescient metaphysics offers powerful answers not only to the paradoxes of quantum mechanics, but also to modern philosophical dilemmas such as the hard problem of consciousness. But, Schopenhauer's argument has been consistently misunderstood and misrepresented, even at the hands of presumed experts.

Decoding Schopenhauer's Metaphysics offers a conceptual framework for unlocking the sense of Schopenhauer's metaphysical contentions in a way that renders them mutually consistent.

Iff Books; 2020-07-31; Metaphysics/Quantum Theory/Individual Philosophers; Pb-9781789044263, \$14.95/£9.99, 144pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044270, \$11.99/£7.99.

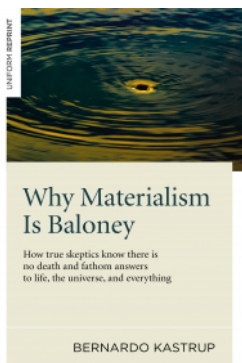


Idea of the World, The

Bernardo Kastrup

"Bernardo Kastrup is one of the leading thinkers today about the nature of consciousness. In his latest book The Idea of the World, he presents a compelling argument that consciousness is fundamental and causal, that reality arises from consciousness, not consciousness from spacetime. He writes well, and his arguments are well-grounded. This book is worthy of your attention." **Stephan A. Schwartz, scientist, futurist, historian, and writer**

Iff Books; 2019-03-29; Metaphysics/Quantum Theory/Cognitive Psychology & Cognition; Pb-9781785357398, \$22.95/£14.99, 312pp, 8.5x5.5inches / 216x140mm, Ebk-9781785357404, \$17.99/£11.99.



Why Materialism Is Baloney

Bernardo Kastrup

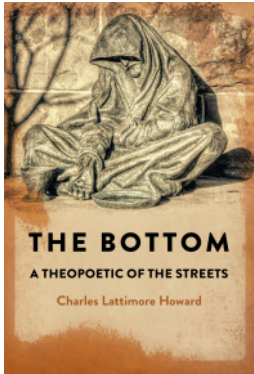
"Bernardo Kastrup's book is another nail in the coffin of the superstition of materialism. With elegant clarity he explains that mind, brain & cosmos are what consciousness does." **Deepak Chopra, M.D., bestselling author**

"It's important that this message is widely disseminated." **Rupert Sheldrake, Ph.D., author of Science Set Free (The Science Delusion)**

Iff Books; 2014-04-25; Metaphysics/Mind & Body; Ebk-9781782793618, \$16.99/£9.99, Pb-9781782793625, \$22.95/£12.99, 256pp, 8.5x5.5inches / 216x140mm.



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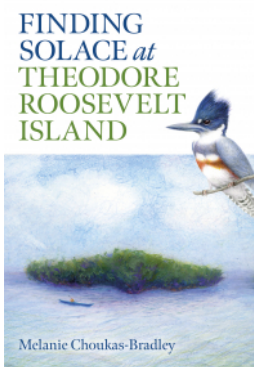
Charles Lattimore Howard

A poetical exploration of homelessness, fusing theology, jazz-verse and intimate storytelling into a challenging, raw and beautiful tale. As he journeys 'downward' to build real relationships with sisters and brothers living on the streets, the author invites the reader on that mysterious journey to meet those pushed to the margins, where we discover harsh truths about social injustice and dehumanization.

"...a profoundly moving work that liberates our preconceived notions of theology, literature, and poetry..."

The Rt. Rev. Daniel G. P. Gutiérrez XVI, Bishop of The Episcopal Diocese of Pennsylvania

Changemakers Books; 2020-10-30; Religious/Theology/African American; Pb-9781789045086, \$19.95/£14.99, 212pp, 8.5x5.5inches / 216x140mm, Ebk-9781789045093, \$15.99/£11.99.



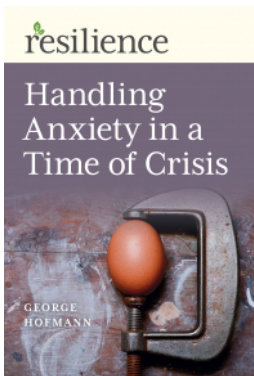
Finding Solace at Theodore Roosevelt Island

Melanie Choukas-Bradley

Washington D.C. naturalist Melanie Choukas-Bradley dives into the natural history and beauty of Theodore Roosevelt Island, an island wilderness less than two miles from the White House and a memorial to the United States' foremost conservationist president. Melanie leads the reader along walks and kayak trips around the island, as together with other Washingtonian nature lovers, birders, conservationists, and even descendants of Roosevelt, they find solace in the island's natural wonders, and ponder their nation's future.

Includes a foreword by Tom Lovejoy, Senior Fellow at the United Nations Foundation.

Changemakers Books; 2020-08-28; Executive Branch/Environmental Conservation & Protection/Social History; Pb-9781789044683, \$19.95/£14.99, 266pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044690, \$14.99/£11.99.



Resilience: Handling Anxiety in a Time of Crisis

George Hofmann

It's a challenging time for people who experience anxiety, and even people who usually don't experience it are finding their moods are getting the better of them.

George Hofmann takes a unique approach to developing better awareness of the body and how to head off disabling angst-filled episodes. Hofmann has used these techniques to successfully overcome crippling mood swings himself and has successfully taught these techniques to countless others, who have found them beneficial in their own lives.

The "Resilience Series" is the result of an intensive, collaborative effort of our authors in response to the 2020 coronavirus epidemic.

Changemakers Books; 2020-05-01; Mental Health/Mindfulness & Meditation/Mood Disorders (General); Pb-9781789046793, \$9.95/£6.99, 88pp, 8.5x5.5inches / 216x140mm, Ebk-9781789046809, \$4.99/£3.99.

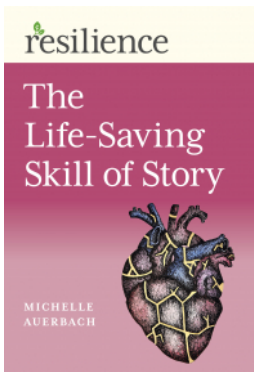
Resilience: The Life-Saving Skill of Story

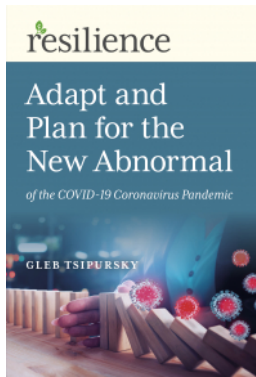
Michelle Auerbach

Storytelling covers every skill we need in a crisis. We need to share information about how to be safe, about how to live together, about what to do and not do. We need to talk about what is going on in ways that keep us from freaking out. And we need to do it all without falling apart... This book will help people in any field and any walk of life to become better storytellers and immediately unleash the power to teach, learn, change, soothe, and create community to activate ourselves and the people around us.

The "Resilience Series" is the result of an intensive, collaborative effort of our authors in response to the 2020 coronavirus epidemic.

Changemakers Books; 2020-05-01; Self-Esteem/Inspiration & Personal Growth/Authorship; Pb-9781789047011, \$9.95/£6.99, 96pp, 8.5x5.5inches / 216x140mm, Ebk-9781789047028, \$4.99/£3.99.





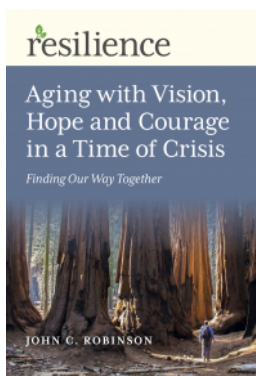
Resilience: Adapt and Plan for the New Abnormal of the COVID-19 Coronavirus Pandemic

Gleb Tsipursky

Using cutting-edge research in cognitive neuroscience and behavioral economics on dangerous judgement errors (cognitive biases), this book first explains why we respond so poorly to slow-moving, high-impact, and long-term crises, and shares research-based strategies for how organizations and individuals can adapt effectively to the new abnormal of the COVID-19 pandemic and similar disasters.

The "Resilience Series" is the result of an intensive, collaborative effort of our authors in response to the 2020 coronavirus epidemic.

Changemakers Books; 2020-05-01; Decision-Making & Problem Solving/Strategic Planning/Cognitive Neuroscience & Cognitive Neuropsychology; Pb-9781789046755, \$9.95/£6.99, 121pp, 8.5x5.5inches / 216x140mm, Ebk-9781789046762, \$4.99/£3.99.



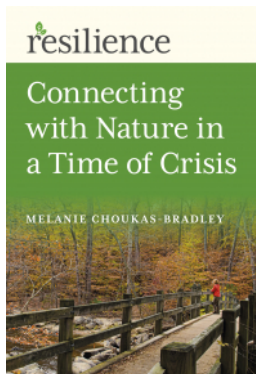
Resilience: Aging with Vision, Hope and Courage in a Time of Crisis

John C. Robinson

We are living in an era of unprecedented world-wide crises: COVID-19, climate change, overpopulation and the unravelling of civilization as we know it. Who wouldn't be worried? This book is for those over 65 wrestling with fear, despair, insecurity, and loneliness in these frightening times. A blend of psychology, self-help, and spirituality, it's meant for all who hunger for facts, respect, compassion, and meaningful resources to light their path ahead.

The "Resilience Series" is the result of an intensive, collaborative effort of our authors in response to the 2020 coronavirus epidemic.

Changemakers Books; 2020-05-01; Adulthood & Aging/Aging/Mysticism; Pb-9781789046854, \$9.95/£6.99, 120pp, 8.5x5.5inches / 216x140mm, Ebk-9781789046861, \$4.99/£3.99.



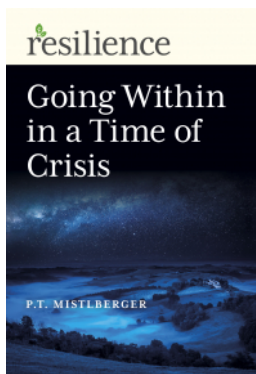
Resilience: Connecting with Nature in a Time of Crisis

Melanie Choukas-Bradley

Nature is one of the best medicines for difficult times. An intimate awareness of the natural world, even within the city, can calm anxieties and help create healthy perspectives. This book will inspire and guide you as you deal with the current crisis, or any personal or worldly distress. Melanie Choukas-Bradley is a naturalist and certified forest therapy guide who leads nature and forest bathing walks for many organizations in Washington, D.C. and the American West.

The "Resilience Series" is the result of an intensive, collaborative effort of our authors in response to the 2020 coronavirus epidemic.

Changemakers Books; 2020-05-01; Ecosystems & Habitats (General)/Happiness/Mindfulness & Meditation; Pb-9781789046830, \$9.95/£6.99, 96pp, 8.5x5.5inches / 216x140mm, Ebk-9781789046847, \$4.99/£3.99.



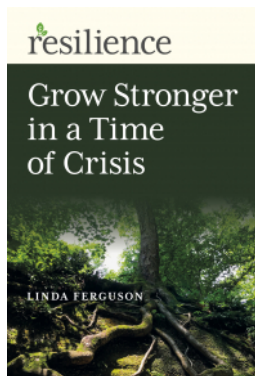
Resilience: Going Within in a Time of Crisis

P.T. Mistlberger

During a time of crisis, we are presented with something of a fork in the road; either look within and examine ourselves, or engage in distractions and go further to sleep. This book is for those seeking deeper self-understanding, and offers several avenues for doing so, all of which are connected to the theme of going within.

The "Resilience Series" is the result of an intensive, collaborative effort of our authors in response to the 2020 coronavirus epidemic.

Changemakers Books; 2020-05-01; Transpersonal/Happiness/Mindfulness & Meditation; Pb-9781789046878, \$9.95/£6.99, 96pp, 8.5x5.5inches / 216x140mm, Ebk-9781789046885, \$4.99/£3.99.



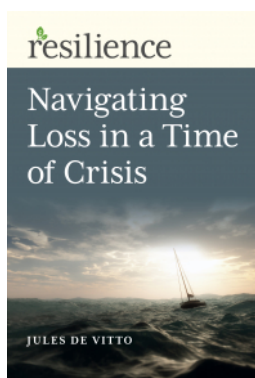
Resilience: Grow Stronger in a Time of Crisis

Linda Ferguson

Many of us have wondered how we would respond in the midst of a crisis. You hope that difficult times could bring out the best in you. Some become stronger, more resilient and more innovative under pressure. You hope that you will too. But you are afraid that crisis may bring out your anxiety, your fears and your weakest communication.

The "Resilience Series" is the result of an intensive, collaborative effort of our authors in response to the 2020 coronavirus epidemic.

Changemakers Books; 2020-05-01; Happiness/Communication & Social Skills/Neuropsychology; Pb-9781789046977, \$9.95/£6.99, 96pp, 8.5x5.5inches / 216x140mm, Ebk-9781789046984, \$4.99/£3.99.



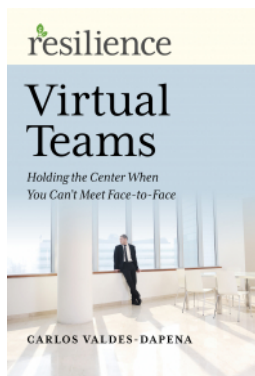
Resilience: Navigating Loss in a Time of Crisis

Jules De Vitto

This book explores the many forms of loss that can happen in times of crisis. These losses can range from loss of business, financial security, routine, or structure, to the deeper losses of meaning, purpose or identity. The author draws on her background in transpersonal psychology, integrating spiritual insights and mindfulness practices to take the reader on a journey in which to help them navigate the stages of uncertainty that follow loss.

The "Resilience Series" is the result of an intensive, collaborative effort of our authors in response to the 2020 coronavirus epidemic.

Changemakers Books; 2020-05-01; Death, Grief, Bereavement/Mindfulness & Meditation/Transpersonal; Pb-9781789046991, \$9.95/£6.99, 80pp, 8.5x5.5inches / 216x140mm, Ebk-9781789047004, \$4.99/£3.99.



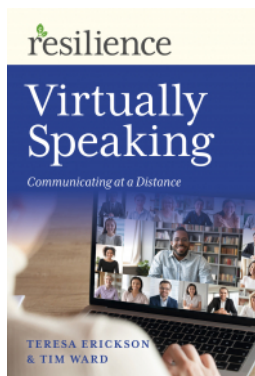
Resilience: Virtual Teams

Carlos Valdes-Dapena

In the face of the COVID-19 virus, organizations large and small are shuttering offices and factories, requiring as much work as possible be done from peoples' homes. The book draws on the insights of the author's earlier title, *Lessons from Mars*, providing a set of the powerful tools and exercises developed within the Mars Corporation to create high performance teams. These tools have been adapted for teams suddenly forced to work apart, in many cases for the first time.

The "Resilience Series" is the result of an intensive, collaborative effort of our authors in response to the 2020 coronavirus epidemic.

Changemakers Books; 2020-05-01; Management/Leadership/Decision-Making & Problem Solving; Pb-9781789046915, \$9.95/£6.99, 104pp, 8.5x5.5inches / 216x140mm, Ebk-9781789046922, \$4.99/£3.99.



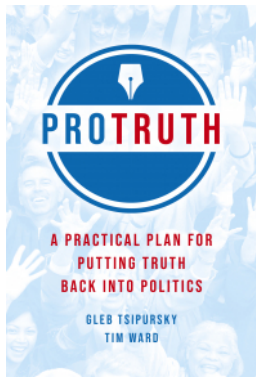
Resilience: Virtually Speaking

Tim Ward & Teresa Erickson

To adapt to a world where you can't meet face to face, with no air travel, conferences cancelled and teams working from home, leaders, experts, managers and professionals all need to master the skills of virtual communication. This book tells you how to create impact with your on-screen presence, use powerful language to motivate listening, and design compelling visuals. You will also learn techniques to prevent your audience from losing attention and to create a lasting impact.

The "Resilience Series" is the result of an intensive, collaborative effort of our authors in response to the 2020 coronavirus epidemic.

Changemakers Books; 2020-05-01; Management/Business Communication (General)/Strategic Planning; Pb-9781789046731, \$9.95/£6.99, 96pp, 8.5x5.5inches / 216x140mm, Ebk-9781789046748, \$4.99/£3.99.



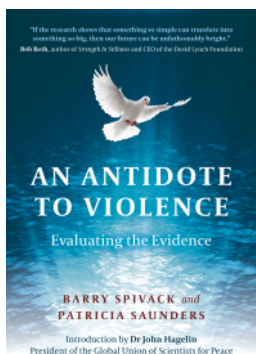
Pro Truth

Tim Ward & Gleb Tsipursky

How can we turn back the tide of post-truth politics, fake news, and misinformation that is damaging our democracy? *Pro Truth* provides the answers. *Pro Truth* also shows you the tricks post-truth politicians use and how everyone can be protected from them.

In the lead up to the 2020 US Presidential Election, Dr. Gleb Tsipursky and Tim Ward have teamed up to help citizens learn to protect themselves from lies, and empower them to put truth back into politics.

Changemakers Books; 2020-05-29; Civics & Citizenship/Cultural & Social/Political Economy; Pb-9781789043990, \$19.95/£13.99, 288pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044003, \$15.99/£11.99.



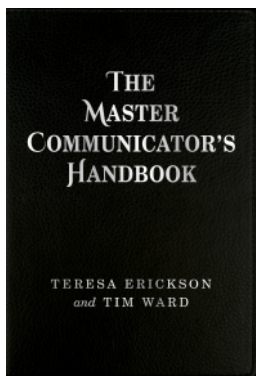
Antidote to Violence, An

Patricia Anne Saunders & Barry Spivack

Weaving together psychology, sociology and philosophy, *An Antidote to Violence* provides evidence that we have the knowledge to reduce all kinds of violence in society.

"An Antidote to Violence should be required reading for anyone passionate about creating a sustainable global peace. Neuroscientists, historians and philosophers are certain to find the book of great interest. Students will discover many attractive ideas to delve into for their theses or dissertations...everyone should read this book. Our future may depend on it." **Dean Radin, PhD, Chief Scientist, Institute of Noetic Sciences, author of Real Magic and Entangled Minds**

Changemakers Books; 2020-06-26; Violence in Society/Social Psychology/Mindfulness & Meditation; Pb-9781789042580, \$24.95/£15.99, 360pp, 8.5x5.5inches / 216x140mm, Ebk-9781789042597, \$12.99/£7.99.



Master Communicator's Handbook, The

Teresa Erickson & Tim Ward

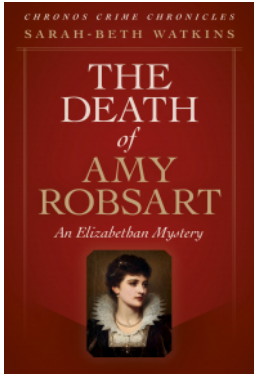
To have an impact, you need to communicate. In these pages, the authors share with you what they've learned over 30 years as professional communicators and advisors to leaders of global organizations.

"I worked with Tim and Teresa early on in my career with notable results and I've made many a return visit. They scrubbed me of acronyms and schooled me to making everything more relevant and real to my audience. We've now engaged them in training our leaders in a Master Communicators program and I've seen a watershed difference in bringing our work to life." **Carter Roberts, President and CEO, World Wildlife Fund**

Changemakers Books; 2015-11-27; Meetings & Presentations/SELF-HELP (General)/Business Communication (General); Pb-9781785351532, \$14.95/£8.99, 184pp, 8.5x5.5inches / 216x140mm, Ebk-9781785351549, \$9.99/£5.99.



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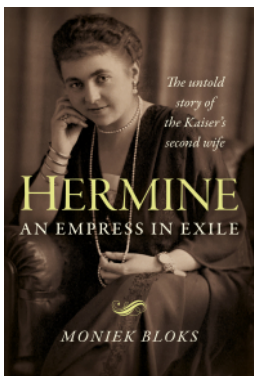
Chronos Crime Chronicles - The Death of Amy Robsart

Sarah-Beth Watkins

Amy Robsart was the wife of Queen Elizabeth I's favourite, Robert Dudley, later Earl of Leicester. In September 1560, she was found dead, her neck broken, at the bottom of a flight of stairs at Cumnor Place. Amy was 28 when she died and her marriage to Dudley had been one of great absences and loneliness. Some said she was ill, others that she was desperate. More sinister rumours talked of murder. In this book we look at Amy's unsolved death and examine who had motive to commit such a dark deed. Was it an accident, suicide or murder?

The Death of Amy Robsart is the first volume in an exciting new historical true crime series from Chronos Books.

Chronos Books; 2020-12-11; Great Britain/Women/Murder (General); Pb-9781789044829, \$10.95/£6.99, 80pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044836, \$5.99/£3.99.



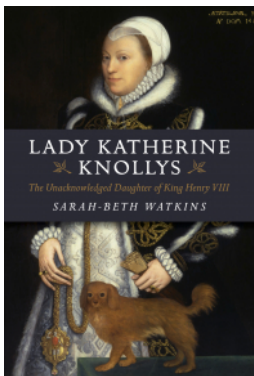
Hermine: an Empress in Exile

Moniek Bloks

Hermine Reuss of Greiz is perhaps better known as the second wife of the Kaiser (Emperor Wilhelm II of Germany) whom she married shortly after the death of his first wife Auguste Viktoria and while he was in exile in the Netherlands. She was by then a widow herself with young children, and known to be ambitious about a return to power, her husband insisted on her being called 'Empress'.

To achieve her goal, she turned to the most powerful man in Germany at the time, Adolf Hitler. Unfortunately, her dream was not realised as Hitler refused to restore the monarchy and with the death of Wilhelm in 1941, Hermine was forced to return her first husband's lands

Chronos Books; 2020-12-11; Royalty/Germany/Women; Pb-9781789044782, \$19.95/£12.99, 176pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044799, \$15.99/£10.99.



Lady Katherine Knollys: The Unacknowledged Daughter of King Henry VIII

Sarah-Beth Watkins

Katherine Knollys was Mary Boleyn's first child, born in 1524 when Mary was having an affair with King Henry VIII. Katherine spent her life unacknowledged as the king's daughter, yet she was given prime appointments at court as maid of honour to both Anne of Cleves and Katherine Howard. She married Francis Knollys when she was 16 and went on to become mother to many successful men and women at court including Lettice Knollys who created a scandal when she married Sir Robert Dudley, the queen's favourite.

This fascinating book studies Katherine's life and times, including her intriguing relationship with Elizabeth I.

Chronos Books; 2015-01-30; HISTORY (General)/Great Britain; Ebk-9781782795841, \$7.99/£4.99, Pb-9781782795858, \$16.95/£9.99, 132pp, 8.5x5.5inches / 216x140mm.



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Don MacGregor

Christianity Expanding

— Into Universal Spirituality



The Wisdom Series Book 1

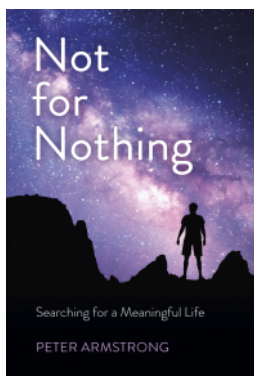
Christianity Expanding – Into Universal Spirituality

Don MacGregor

Christianity Expanding takes us on a whistle-stop tour of the areas that need updating if Christianity is to flourish in the 21st Century.

"All religions evolve, and Christianity is evolving rapidly today. Don MacGregor's book is a lucid and thoughtful guide to this process, and shows how the essential core teachings of Christianity can be disentangled from unhelpful interpretations that stand in the way of a living Christian faith in the twenty-first century. I found this book stimulating and inspiring. It is also admirably brief and clear." **Dr Rupert Sheldrake, biologist and author of A New Science of Life**

Christian Alternative Books; 2020-10-30; Social Issues/Theology/Growth; Pb-9781789044225, \$12.95/£7.99, 120pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044232, \$6.99/£3.99.



Not for Nothing

Peter William Armstrong

There may be no way of knowing for certain that the world has some ultimate meaning and purpose, but finding reasons to believe changes everything...

"Peter Armstrong has provided us with a thoughtful and thoroughly readable account of his lifelong attempts to make sense of his Christian faith in the modern world. His 'heretical' perspectives on Jesus actually present a very appealing understanding of who He was and is. May his honesty and courage inspire many to take the next steps on their own pilgrimage to truth." *The Rt. Rev. C. Christopher Epting, VIII Bishop of Iowa (Ret.) The Episcopal Church*

Christian Alternative Books; 2020-09-25; Spiritual Growth/Religious/Faith; Pb-9781789042962, \$14.95/£9.99, 120pp, 8.5x5.5inches / 216x140mm, Ebk-9781789042979, \$11.99/£7.99.



Quaker Quicks - Quakers Do What! Why?

Rhiannon Grant

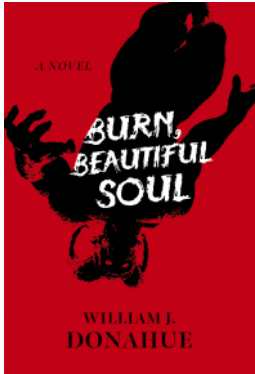
Quakers Do What! Why? is an introduction to Quaker oddities. Based on a question and answer format, it is for anyone who has learned a fact about Quakers – perhaps only that Quakers exist – and wants to know more.

"If you want Quakers 101, this is it. Rhiannon Grant covers all bases, writing in a friendly and accessible style. I thought I knew a lot about Quakers but obviously I didn't! Most informative." **Maggy Whitehouse, independent priest and broadcaster**

Christian Alternative Books; 2020-07-31; Quaker/Spiritual Growth/Faith; Pb-9781789044058, \$10.95/£6.99, 88pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044065, \$5.99/£3.99.



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Burn, Beautiful Soul

William J. Donahue

Basil the demon king has grown tired of life underground and regretful of the atrocities he has committed to maintain power. Wanderlust leads him to the surface. Most humans seem unfazed by his arrival – but not all. A religious zealot with murderous intentions and a vengeful biker gang seek his end.

Meanwhile, Basil must contend with the disturbing dreams that suggest he was once human; and the pull of the underworld, drawing him back to deal with the troubles he left behind – a cunning foe who craves the throne, a monstrous kraken, and an ancient evil as cold and dark as the soil.

"...a story you will never forget." **John Schoffstall, author of Half-Witch**

Cosmic Egg Books; 2020-12-11; Horror/Apocalyptic & Post-Apocalyptic/Absurdist; Pb-9781789045260, \$19.95/£13.99, 360pp, 8.5x5.5inches / 216x140mm, Ebk-9781789045277, \$7.99/£4.99.



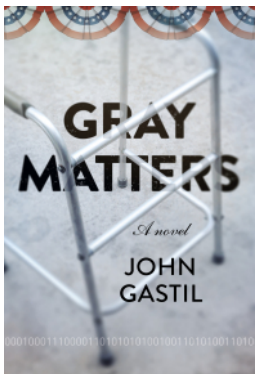
Dungeon Party

John Webster Gastil

When longstanding personality conflicts erupt, the volatile Randall Keller secedes from Alan Crandall's gaming group and chooses a dark path by spreading infectious cynicism through the gaming community while plotting his revenge... Alan's group must stop Randall and his avatar before they devastate worlds both fictional and real.

"Every aficionado of D&D or other fantasy role-playing games will enjoy Gastil's inspired take on the genre... Once you start reading Dungeon Party, you will not want to make your saving throw!" **Paul Witcover, author of The Watchman of Eternity**

Cosmic Egg Books; 2020-10-30; Action & Adventure/Contemporary/Supernatural; Pb-9781789045000, \$24.95/£16.99, 464pp, 8.5x5.5inches / 216x140mm, Ebk-9781789045017, \$7.99/£4.99.



Gray Matters

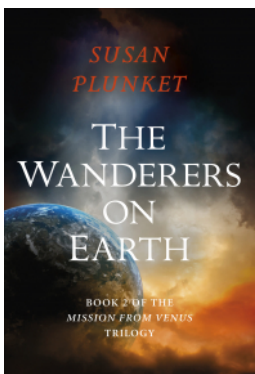
John Webster Gastil

Can the digital networks that record our footprints hold us steady when dementia threatens to push us off the path?

"Gray Matters creates a dystopia that feels hauntingly close to where we are headed today. Gastil's first novel is a technological and political allegory that is equal parts Margaret Atwood and Dave Eggers. Rich metaphors, poignant humor, and brilliant writing kept me wiping away tears from laughing, crying, or both."

Genevieve Fuji Johnson, author of Democratic Illusion

Cosmic Egg Books; 2020-07-31; Cyberpunk/Political/Medical; Pb-9781789045024, \$19.95/£13.99, 370pp, 8.5x5.5inches / 216x140mm, Ebk-9781789045031, \$9.99/£6.99.



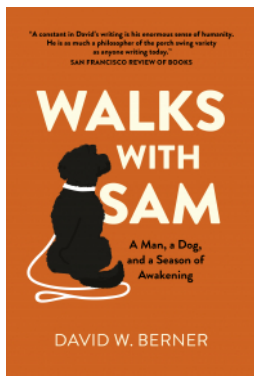
Wanderers on Earth, The

Susan Plunket

As this second book opens, the wanderers from the fifth dimension are now incarnate on Earth in the third dimension as 21 year old humans living around the world – in Moscow, New York, London, Tehran, Mumbai, Dublin, Tokyo, and Jerusalem. Growing up they have each had many strange encounters with the dark side, and now suspect they are not from this time and place.

When they wake up, they reunite with their twin flames, and remember who they are and why they incarnated. Once awake, they work through a virtual reality game called Fifth Dimension, travelling to hot spots around the world and battle the dark lords to prevent disaster.

Cosmic Egg Books; 2020-12-11; Occult & Supernatural/Dark Fantasy/Alien Contact; Pb-9781789045321, \$19.95/£13.99, 336pp, 8.5x5.5inches / 216x140mm, Ebk-9781789045338, \$7.99/£4.99.



Walks With Sam

David W. Berner

During a summer of hiking, the author finds that it is his beloved pet that allows him to awaken to a new spirit of mindfulness.

"With gentle humor and brilliant musings, both past and present, Walks With Sam has the charm and the innate truthfulness that some find in a work of art, a daily quest tinged with wonder and mystery with each forward step." **L.B.Johnson, author of The Book of Barkley**

Roundfire Books; 2020-08-28; Personal Memoirs/Dogs (General)/Mindfulness & Meditation; Pb-9781789044980, \$13.95/£8.99, 176pp, 8.5x5.5inches / 216x140mm, Ebk-9781789044997, \$7.99/£4.99.



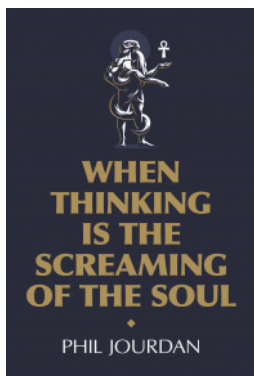
What Love Feels Like

David Cunningham & C.K. Tyler

60-something divorcees, Lucas and Dawn meet and fall in love. Their passionate romance ends when Lucas dies of brain cancer. Dawn returns home from his funeral to the shock of hearing Lucas' voice and seeing his face on her computer screen. His brain had been uploaded into her computer before he died, part of an experiment for which he volunteered, but never told her about...

"A story that opens the mind to a deep and fascinating look at the meaning of consciousness, the meaning of life and the meaning of love." **Nathan D. Lee, award-winning director, screenwriter and cinematographer**

Roundfire Books; 2020-07-31; Science Fiction/Epistolary/Contemporary; Pb-9781789043716, \$16.95/£11.99, 272pp, 8.5x5.5inches / 216x140mm, Ebk-9781789043723, \$7.99/£4.99.



When Thinking is the Screaming of the Soul

Phil Jourdan

In this incomparably brilliant and timeless masterpiece of unrelenting cruelty, two unhappy souls; restless, tormented Rebecca and the harmless mediocrity, McGeeeee, find themselves caught in an infinite regress of shifting identities and memories.

Rebecca seeks transcendence, an escape from a life she does not know how to live. McGeeeee, meanwhile, seems to have no self to speak of, wandering from situation to situation without a sense of purpose.

At the heart of this non-story is an unforgivable family secret from generations past. It's none of your business, but go on, have a peek, you cheeky bastard.

Perfect Edge; 2020-08-28; Absurdist/Literary/Visionary & Metaphysical; Pb-9781789042641, \$13.95/£8.99, 192pp, 8.5x5.5inches / 216x140mm, Ebk-9781789042658, \$7.99/£4.99.



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Europa

Michael H. Burnam

If Evolution is a journey, where does the journey end? Michael H. Burnam's third and final instalment of *The Last Stop Trilogy*.

"Europa is the page-turning finish to The Last Stop Trilogy. Central to the story is a deep existential dilemma: facing annihilation, would you choose to download your conscious into a computer to survive? After achieving immortality, would you give it up to become humanoid again? Burnam weaves this theme into a heart-warming, intergalactic love story where the action never stops". **Robert D. Zanger, Founder of the Albert Hoffman Foundation for Consciousness Research**

Lodestone Books; 2020-07-31; Alien Contact/Science & Technology/Apocalyptic & Post-Apocalyptic; Pb-9781789042047, \$12.95/£7.99, 360pp, 8.5x5.5inches / 216x140mm, Ebk-9781789042054, \$6.99/£3.99.



Next Step, The

Michael H. Burnam

It's been five years since Mickey passed the Europeans' test, saving the Europeans and planet Earth. Pam and David are living on Europa in a wondrous habitat where anything seems possible, and have twins with unusual abilities. Earth is transforming into a Utopian paradise thanks to the Sphere, an alien hard drive filled with advanced technology gifted to Earth by the Europeans. But Mickey, who chose to remain on Earth, suspects the Europeans of having a secret, more sinister agenda...

The second book in the thrilling YA sci-fi series from Michael H. Burnam, *The Next Step*, asks what happens when Evolution progresses to immortality?

Lodestone Books; 2017-09-29; Bullying/Science & Technology/Alien Contact; Pb-9781785355752, \$12.95/£7.99, 312pp, 8.5x5.5inches / 216x140mm, Ebk-9781785355769, \$6.99/£3.99.



Last Stop, The

Michael H. Burnam

The Last Stop asks the question: What happens when Evolution ends?

A character-driven action packed drama first set in a high school suffused with emerging sexuality and a strict pecking order, followed by wild flying saucer rides to the dark side of the moon, and then to a city under the ice on Europa where seemingly anything is possible.

Mature Sci-Fi devotees will appreciate *The Last Stop's* hardcore science and philosophy. Young adult readers will enjoy its fast-paced action, stunning visual imagery, three-dimensional characters, teenage protagonists and just the right dash of humor.

Lodestone Books; 2016-01-29; Values & Virtues/Survival Stories/Science Fiction; Pb-9781785351174, \$12.95/£7.99, 288pp, 8.5x5.5inches / 216x140mm, Ebk-9781785351181, \$6.99/£3.99.



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